SHAKE SHACK®

Nutritional Information

November, 2026

Menu Section	Menu Item	Per Serving Calories
Burger		
	ShackBurger Sgl	549
	ShackBurger Dbl	821
	ShackBurger Tpl	1096
	Smokeshack Sgl	664
	Smokeshack Dbl	936
	Smokeshack Tpl	1210
	ShackMeister Sgl	791
	ShackMeister Dbl	1063
	ShackMeister Tpl	1339
	Shack Stack	1020
	Shack Stack Dbl	1294
	Cheeseburger Sgl	475
	Cheeseburger Dbl	747
	Cheeseburger Tpl	1024
	Beef Burger Sgl	420
	Beef Burger Dbl	636
	Black Truffle Burger Sgl	663
	Black Truffle Burger Dbl	954
	Black Truffle Burger Tpl	1243
Chicken		
	Chicken Shack	493
	Buffalo Chicken Burger	514
	Chicken Bites 6-count	328
	Chicken Bites 10-count	517
	Black Tuffle Chicken	561
	Black Truffle Chicken Bites 6-count	492
	Black Truffle Chicken Bites 10-count	636
Veggie		
	Shroom Burger	470
	Crispy Shallot Burger Sgl	583
	Crispy Shallot Burger Dbl	779
	Grilled Cheese	301
	Black Truffle 'Shroom Burger	593
Hot Dog		
	Flat-Top Dogs	367
Fries		
	Fries	427
	Cheese Fries	607
	Herb Mayo Bacon Fries	800
	Bacon Cheese Fries	848
	Black Truffle Fries	696
Sides		
	Onion Rings (with Sour Cream & Onion Sauce)	603
	Chicken Bites 4-count	189
	Black Truffle Onion Rings	556
Extras		
	Bacon	171
	Vegan Crispy Shallots	167
	Lettuce	1
	Tomato	7
	Onion	0
	Pickle	10
	Cherry Peppers	10
	Beef Patty	217
	Vegan Patty	146
	Cheese Slice	55
	Bun	181
Sauces		
	Cheese Sauce	218
	Honey Mustard	45
	BBQ Sauce	45
	Shack Sauce	196
	Sour Cream & Onion Sauce	254
	Buttermilk Ranch Sauce	153
	Buffalo Sauce	10
	Vegan Dijjonaise Sauce	149
	Chocolate Sauce	97
	Strawberry Sauce	20
	Caramel Sauce	103
	Black Truffle Sauce	209

Menu Section	Menu Item	Per Serving Calories
Shakes		
	Vanilla Shake (JD)	636
	Chocolate Shake (JD)	577
	Strawberry Shake (JD)	701
	Caramel Shake (JD)	785
	Black & White Shake (JD)	778
	Coffee Shake (JD)	682
	Cookies & Cream Shake (JD)	963
	Whipped Cream	91
	Malted	56
	Hazelnut Chocolate Crunch Shake	1298
Cups		
	Vanilla Sgl (JD)	300
	Vanilla Dbl (JD)	500
	Chocolate Sgl (JD)	288
	Chocolate Dbl (JD)	481
Cones		
	Vanillla Sgl (JD)	358
	Vanilla Dbl (JD)	559
	Chocolate Sgl (JD)	347
	Chocolate Dbl (JD)	539
Concretes		
	Union Shack (JD)	535
	Sticky Toffee (JD)	544
Soft Drinks		
	Reg Coca Cola	144
	Diet Coca Cola	0
	Coca Cola Zero	0
	Reg Sprite Zero	0
	Reg Fanta Orange	61
	Fresh Lemonade Lrg	330
	Fresh Lemonade Reg	220
	Fifty/Fifty Lrg	142
	Fifty/Fifty Reg	107
	Fresh Brewed Iced Tea Lrg	25
	Fresh Brewed Iced Tea Reg	19
	Sparkling Blood Orange Lem Lrg	159
	Sparkling Blood Orange Lem Reg	120
Floats		
	Creamsicle Float (JD)	294
Wine		
	Shack Red 175ml glass	174
	Shack Red 250ml glass	249
	Shack Red 750ml bottle	748
	Shack White 175ml glass	156
	Shack White 250ml glass	224
	Shack White 750ml bottle	671
Alcoholic Drinks		
	ShackMeister Ale Pint	273
	ShackMeister Ale Half Pint	136
	Brooklyn Pilsner Pint	219
	Brooklyn Pilsner Half Pint	110
	Cider	220
	Estrella Galicia	155
Woof		
	Pooch-ini (JD)	355
	Bag O'Bones	274